


**Contact Us:**
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**www.flemingpreprimary.co.za**

Footprints that last a lifetime!

## FLEMING PRE PRIMARY AND EARLY LEARNING CENTRE
## NUT-FREE SCHOOL POLICY

Effective Date: 1 February 2026
Review Date: 1 February 2027

### Purpose

Fleming Pre Primary and Early Learning Centre is committed to providing a safe, caring and inclusive environment for all children. This nut-free policy is in place to help reduce the risk of accidental exposure to nuts for children with severe allergies, which may cause serious allergic reactions.

### Scope

This policy applies to all children, staff, parents, caregivers and visitors at Fleming Pre Primary and Early Learning Centre during school hours and school-related activities.

### Policy Statement

To support the health and safety of our school community, Fleming Pre Primary and Early Learning Centre follows a nut-free approach. Families are kindly requested not to send any foods or products containing nuts to school.

### Nut-Free Guidelines

- Peanuts and peanut butter
- Tree nuts such as almonds, cashews, walnuts, hazelnuts, pecans, pistachios and macadamia nuts
- Nut butters and nut-based spreads
- Foods containing nuts or nut traces
- Products labelled “may contain nuts” or “processed in a facility with nuts”
- Nut oils
- Nut-based chocolate spreads
- Baked goods or snacks made with nuts

### Shared Responsibilities

Creating a safe environment is a shared responsibility between the school and families.

1. Parents and Caregivers:

   Check food labels carefully and ensure all food sent to school is nut-free.




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Inform the school if your child has a diagnosed nut allergy and provide any required medication.
Encourage children not to share food at school.

2. Staff:

   Support children during meal and snack times.
   Maintain a clean eating environment and follow emergency procedures if required.

## Classroom Practices

- Children will wash hands before and after eating.
- Eating surfaces will be cleaned after meals and snacks.
- Classroom materials such as play dough and art supplies will be nut-free.
- Birthday celebrations and special events will follow the nut-free approach.

## Emergency Procedures

In the event of a suspected allergic reaction, staff will respond calmly and promptly, administer prescribed medication if necessary, and seek emergency medical assistance.

## Communication

This policy will be shared with families during enrolment and through regular school communication. Staff receive ongoing guidance aligned with South African Early Childhood Development best practices.

## Policy Review

This policy will be reviewed annually or when required to ensure it remains appropriate and effective.

Sally Knowles

Principal

Fleming Pre Primary and Early Learning Centre