

Contact Us:
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Address: 5 Abercorn Avenue South, Craighall Park, JHB
www.flemingpreprimary.co.za

Footprints that last a lifetime!

ANTI BULLYING POLICY

At Fleming Pre-primary we believe that Bullying of any kind is unacceptable

We believe that children, staff and parents should: -
. Feel safe all the time;
. Be able to talk about a fear or concern;
. Recognise that others have the right to feel safe with us.

We develop in school an understanding of feeling safe and we attempt to explore and promote behaviours which will contribute to a safe environment.

We at Fleming Pre-primary are committed to provide a caring, friendly and safe environment for all children and their families so they can learn through play in a secure atmosphere.

DEFINITION:

"The wilful, conscious hurting, threatening or frightening of another person."

PARENTS:

Parent meetings are the first opportunity to explain approaches used in school to tackle bullying issues. We emphasise the importance of working as a three-way partnership between parents, children and staff all sharing responsibility.

PREVENTION BY MEANS OF GOOD PRACTICE:

Staff will create an environment in which children feel safe by: -
. Planning activities appropriate for children;
. Providing sufficient work materials;
. Considering age and ability of children;
. Providing strategies for sharing, eg timers;
. Using language of sharing and caring;
. Taking time to explain the right and wrong ways of relating to their friends;
. Monitoring and evaluating situations;
. Promote positive behaviour;



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. Encourage respect for each other;
. Encourage respect for resources;
. Being aware of the different types of bullying;
. Being aware of the different signs of bullying.

GOLDEN RULES:

We strongly believe in the Golden Rules at Fleming Pre-primary Centre. Not only for school, but also for life. We reinforce and follow them consistently throughout the school. They are displayed in school for all to see.

· We are gentle
· We are kind and helpful
· We listen
· We are honest
· We look after property
· We work hard

RING TIME:

. We will use small group time to talk about feelings and how they can be managed, giving children and staff the opportunity to raise relevant issues for discussion.

. We teach the children to say "No" and put up their hand if they do not want to become involved in an activity or they do not like a behaviour displayed by another child.

. Use of puppets to reinforce Golden Rules and Positive Behaviour.

SOME TYPES OF BULLYING:

1. Verbal Bullying – most common. Name calling, teasing, taunts, threats
2. Non-Verbal Bullying – gesture, body language, facial expression.
3. Physical Bullying – any physical gesture from a push to some form of physical assault.
4. Social Exclusion Bullying – being left out, isolated.
5. Extortion Bullying – forcing someone to hand of play materials.
6. Hiding things – particularly relevant with young children, as they are sensitive about precious items.

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7. Spoiling things – destroying a game.

POSSIBLE SIGNS OF BEING BULLIED:

Some things to look out for in children's' behaviour: -

- Unwillingness to come to Nursery School.
- Visible signs of anxiety and distress in certain situations.
- Lack of enthusiasm / concentration during activities.
- Reluctance to speak or take part in activity.
- Becoming withdrawn.
- Getting upset for no obvious reason.
- Feeling unwell.

These signs may indicate other problems, but bullying should be considered.

PROCEDURES FOR DEALING WITH BULLYING:

- Staff are aware of signs of bullying.
- A consistent approach is used throughout the school (Golden Rules)
- Bullying is tackled across the curriculum, eg role-play, circle time, stories, rhymes and using puppets.
- Encouraging co-operative play to develop social skills.
- Unacceptable behaviour is explained to children.
- Self-esteem of potential victims is boosted, eg by giving them jobs of responsibility.
- Staff monitor and evaluate situation.
- Staff work in partnership with parents (face to face, phone, letter).
- Appropriate procedures for recording incidents are in place.
- Support is offered to both the victim and the child who is bullying.

*Refer to Influencing Positive Behaviour Policy