



Contact Us:

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Address: 5 Abercorn Avenue South,
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www.flemingpreprimary.co.za



Footprints that last a lifetime!

FLEMING PRE PRIMARY AND EARLY LEARNING CENTRE NUT-FREE SCHOOL POLICY

Effective Date: 1 February 2026

Review Date: 1 February 2027

Purpose

Fleming Pre Primary and Early Learning Centre is committed to providing a safe, caring and inclusive environment for all children. This nut-free policy is in place to help reduce the risk of accidental exposure to nuts for children with severe allergies, which may cause serious allergic reactions.

Scope

This policy applies to all children, staff, parents, caregivers and visitors at Fleming Pre Primary and Early Learning Centre during school hours and school-related activities.

Policy Statement

To support the health and safety of our school community, Fleming Pre Primary and Early Learning Centre follows a nut-free approach. Families are kindly requested not to send any foods or products containing nuts to school.

Nut-Free Guidelines

- Peanuts and peanut butter
- Tree nuts such as almonds, cashews, walnuts, hazelnuts, pecans, pistachios and macadamia nuts
- Nut butters and nut-based spreads
- Foods containing nuts or nut traces
- Products labelled “may contain nuts” or “processed in a facility with nuts”
- Nut oils
- Nut-based chocolate spreads
- Baked goods or snacks made with nuts

Shared Responsibilities

Creating a safe environment is a shared responsibility between the school and families.

1. Parents and Caregivers:

Check food labels carefully and ensure all food sent to school is nut-free.

Inform the school if your child has a diagnosed nut allergy and provide any required medication.

Encourage children not to share food at school.



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2. Staff:

Support children during meal and snack times.

Maintain a clean eating environment and follow emergency procedures if required.

Classroom Practices

- Children will wash hands before and after eating.
- Eating surfaces will be cleaned after meals and snacks.
- Classroom materials such as play dough and art supplies will be nut-free.
- Birthday celebrations and special events will follow the nut-free approach.

Emergency Procedures

In the event of a suspected allergic reaction, staff will respond calmly and promptly, administer prescribed medication if necessary, and seek emergency medical assistance.

Communication

This policy will be shared with families during enrolment and through regular school communication.

Staff receive ongoing guidance aligned with South African Early Childhood Development best practices.

Policy Review

This policy will be reviewed annually or when required to ensure it remains appropriate and effective.

Sally Knowles

Principal

Fleming Pre Primary and Early Learning Centre